

# PLEASE POST

**Richmond School District**, in collaboration with the City of Richmond, Richmond District Parents Association, Richmond Chinese Parents' Association and S.U.C.C.E.S.S. presents

## THE 11th Annual **LEARNING and the BRAIN CONFERENCE** Being Successful Parents : **Understanding Yourself and Your Child**



**It's a Fantastic FREE  
Conference!**

**Saturday, January 23, 2010**  
**MacNeill Secondary School**  
**6611 No. 4 Road, (at Granville)**  
**Richmond, BC**

### **Conference Schedule**

**8:00** Conference begins, visit exhibits and vendors,  
**8:20** Welcome and Overview  
**8:30** Keynote Speaker Rob Inrig  
**9:45** Workshop #1  
**11:15** Workshop #2  
**12:30** Conference concludes

### **Everyone is welcome!**

This FREE conference is for all Richmond Parents, Caregivers, and Educators of children from preschool to adolescence. *Workshops presented in English include: Understanding Anger: Helping You and Your Child Cope; Supporting Your Anxious Child; Ready, Set, Go!/Early Learning Programs; Adolescent Brain; Boys and Girls Learn Differently; Hugs, Humour, and Hope - Parenting Strategies for Student Success; Harnessing Your Child's Inner Values for Success. A number of workshops will be presented in a first language: Depression and Recovery (Cantonese); Mental Health and Youth (Mandarin); Put Yourself First - Your Child Second (Cantonese); Exploring the Potential of Your Children Through Play (Cantonese and Mandarin) and Tea and Talk (Punjabi); Grandparenting Supports Childrens' Success Too (Tagalog, Chinese, Punjabi).*

Every conference participant will experience a powerful keynote speaker, participate in two interactive educational workshops, as well as explore community and educational resources. Bring a friend, neighbour or relative so you can share what you learn. Together we can support each other as we engage in ensuring the success of our children!

For more information and registration,

visit our website at  
[www.sd38.bc.ca](http://www.sd38.bc.ca)  
[www.rdpa.ca](http://www.rdpa.ca) and  
[www.successbc.ca/RCPA](http://www.successbc.ca/RCPA)

Registration Period: October to January 16th



### **KEYNOTE SPEAKER**

## **ROB INRIG**

**DISTRICT ADMINISTRATOR,  
RICHMOND SCHOOL DISTRICT**

In his keynote address, Rob Inrig explores "understanding yourself and your child and the influence this has on your parenting style." How you see the

world, what you value and how you spend your free time has a profound impact on how you parent or how you conduct your business. Often missed is the fact that those around you, including your children see the world through a very different lens. These differing points of view can result in unnecessary conflict or dynamic partnerships. Join us as we explore how to better understand and utilize our personality perspectives.

*Rob is a counsellor, administrator and author who addresses many related counselling issues including parenting, youth and leadership. He provides practical insights on how to build strength and personal capacity even in the midst of difficulties. Rob is also a certified Birkman consultant assisting individuals, organizations, and companies to utilize their strengths to maximum advantage.*

# Understanding Yourself and Your Child

